

International Foundation in Healthcare

ARU is the largest provider in England for nursing, midwifery, and health and social care, and was shortlisted for the Nursing Times Pre-reg Provider of the Year award in both 2019 and 2020. This International Foundation in Healthcare course has been developed for international students and provides a broad base of skills that can be useful for university-level study. You will gain transferable knowledge and skills in a wide range of areas, becoming skilled in critical analysis and problem-solving and learning how to manage, support and drive forward healthcare services, organisations and communities.

Pathway Progression

This is a standalone NQF level 3 Foundation.

Provided you meet the requirements, you will be granted a visa for the duration of the Foundation. During this Foundation, you will be supported through the process of applying to ARU's BSc (Hons) Nursing (Adult). Please be aware that entry to the BSc (Hons) Nursing (Adult) course is not guaranteed and the admissions process will be competitive and include an interview, however you will receive support throughout your Foundation to prepare for the interview.

Students who are successful in receiving an offer for BSc (Hons) Nursing (Adult) will be issued an NQF level 6 visa for the duration of their nursing degree. Support for the visa application will be available.

Overview of Modules

The Foundation covers the following eight modules which will provide 120 credits of academic study and three non-credit bearing modules, all of which must be completed before you can apply for a BSc (Hons) Nursing (Adult).

Preparing for a Career in Caring

You will learn about the structure and types of healthcare provision in the UK and discuss communication skills.

Biology – Physiology

This module is all about the body, its functions, and systems. You will gain a foundation knowledge of organ systems and different regulatory systems.

Critical Thinking

This module addresses problem-solving and the critical assessment of information.

Psychology

You will learn about the brain and psychosocial contexts within the humanities and sciences.

Ethics

You will be encouraged to use critical thinking and research to discuss descriptive, normative, and analytic approaches to ethics and ethical problems.

Interactive Learning Skills and Communication (ILSC)

This module will help you develop your academic

literacy, and research and communication skills in preparation for undergraduate study.

Core Maths

You will practise various mathematical manipulations and apply these concepts to real-life situations.

Information Communication Technology (ICT)

This module will provide you with an introduction to practical ICT skills, which is needed for academic success across many areas of higher education.

Introduction to Academic Language (non-credit bearing)

This element will aid your acquisition, understanding and use of academic vocabulary and grammar, in order to facilitate your productive and receptive skills at undergraduate level.

Introduction to Academic Genres (non-credit bearing)

You will be introduced to some of the most common academic genres and related lexis: process, cause and effect, compare/contrast, and argument/persuasion.

Research Reports (non-credit bearing)

This module combines language skills and academic skills to facilitate your further studies.

Key Information

Entry points: September

Fees, duration and entry requirements:

Fees:
£13,000

Duration:
Three trimesters

Entry Requirements:

English - UKVI IELTS 5.5
(min 5.0 in all components)
(or equivalent)

Academic - 5 GCSE at grade
3 or above (or equivalent)

During the NQF level 3 foundation, you will only be able to work 10 hours per week and will need compulsory 85% attendance otherwise visa and right to remain in the UK will be withdrawn and you may be discontinued on the programme.

Progression to BSc (Hons) Nursing (Adult)

1

Start your International Foundation in Healthcare with ARU College

2

With support from ARU College, submit your UCAS application for BSc Adult Nursing*

3

You will be invited to an interview with ARU. The interview will follow the Multiple Mini Interview process.



4

You will need to complete an ELPT test to fulfil the English language requirements.

5

Successful completion of the International Foundation in Healthcare pathway

6

Accept your offer to study on campus with ARU through UCAS

7

Undertake DBS and Occupational Health checks

8

Begin studying on the BSc (Hons) Nursing (Adult) Degree

For students not eligible for BSc (Hons) Nursing (Adult) but who successfully pass the International Foundation in Healthcare, we can guarantee you progression to BSc (Hons) Public Health.



*UCAS application deadlines apply

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